

HEALTH EDUCATION AND DEVELOPMENT SOCIETY



PROJECTS

FUNDED BY:

IRC, PEDO, Cherat Cement, PEPAC funded by UNDP, ACTED, PHPF-UN OCHA, DAI- USAID and CWW- Rapid Funds

SECTORS:

WASH, HEALTH, Governance, Protection, Cash Disbursement, Education, livelihood, and Emergency Response Programs

GEOGRAPHICAL AREA:

Khyber Pakhtunkhwa (KP) including Newly Merged Districts, Baluchistan and Sindh Province.

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HEADS over the last seven years has established itself as an organization committed towards welfare and empowerment of vulnerable segment of society. The organization has worked with multiple stakeholders: governmental bodies, media, private sector, international and national NGOs and multilateral organizations to create a platform and an understanding towards marginalized and voiceless sections of the society. In the process, we successfully facilitated vulnerable beneficiaries through six projects spread across the Khyber Pakhtunkhwa and Sindh of Pakistan.



**Statement of Chairperson
Mr. Razaullah Jan Mehsud**

We made revisions to our policies in line with the standards defined by the national and international non profitable organizations and got this approved by board members. In the year 2020, we completed the design of our new tiered due diligence process, and by year- end had pledges from four donors for direct funding for our emergency response. We have increased the staff in the head office for Program and Finance sections. We diversified our donor ship, through our fundraising activities.

We implemented a new leadership model with joint Executive Director and Chairperson’s responsibilities for delivering strategic and financial results, while maintaining transparent and compliant operations and risk management. On 1 November 2020, we became members of the National Humanitarian Network (NHN), established to act as an independent and vibrant voice to engage with stakeholders throughout Pakistan for promotion of humanitarian values by influencing policies and building capacities to ensure right based humanitarian response.

Looking ahead, we are excited about 2023. We look forward to making progress on our ambitious agenda for systems change. We applaud the HEADS team, membership and Board of Directors, who worked tirelessly toward all that we achieved in 2022.



From Core Management

“With special thanks to Board Chairperson, Raza Ullah Jan, for leading our spin-off and to Samina Khanam for acting as Executive Director. Finally, we thank Mr. Asif Ali Founder and Director of Finance, whose vision and leadership have inspired what this ambitious and dynamic, organization has become.”

HEADS GROWING WITH CONFIDENCE

Health Education and Development Society (HEADS), is a nonpolitical, non-profitable and non-governmental organization based in Khyber Pakhtunkhwa established in 2013. It is registered under Societies Registration Act 1860, to provide a peaceful environment where everyone can utilize their potentials for sustainable development. The organization seeks sustainable solutions to long-term problems of vulnerable population through an integrated, community-based, participatory approach that reinforces civil society as well as government initiatives. Through an array of empowering measures, it works to open opportunities for vulnerable segment of society and improve their living conditions.

Vision

Equality for everyone

Mission

To provide a peaceful environment for all human beings where they can utilize their potentials for sustainable development.

Table of Contents

HEADS Synopsis in Brief:	5
Projects Overview:.....	5
Project 1: Description of DEC PHASE 2.....	6
Project 2: Description of DEC PHASE 1.....	7
Project 3: Description of DRA Flood Response	8
Project 4: Description of Health Component in District Nowshera	10
Project 5: Description of Health Facilities in CCCL Dispensary-Cherat, District Nowshera	11
Project 6: Description of Clean Energy Program by PEDO-KP.....	11
Project 7: Description of Cash Disbursement to Afghan Refugees in District Peshawar	13
HEADS Programatic Chapter	14
Our Team.....	14
Cross cutting themes.....	14
Publications / Assessment Reports	14
As an NGO or Individual	14
As a Professional Social Worker	14



HEADS SYNOPSIS IN BRIEF:

HEADS has rich working experience in Education, Health, Protection, GBV and Skills Based Education since 2013 and has established meaningful linkages with important stakeholders. Being a national organization, HEADS has experience in the implementation of multi-sector programmes under the partnership of ACTED, Concern Worldwide, USAID/DAI, PHPF-UNOCHA, IRC, PEDO, UNDP/PEPAC and CCCL. HEADS has sound skills and experience in executing medium to long-term relief and recovery programs in sectors of Social Cohesion, WASH, Health, Education, DRR, Shelter & Settlement, Communities Restoration and Resilience, Food Security and Livelihood in different regions across KP, erstwhile FATA.

The organization has a greater "Presence" in Khyber Pakhtunkhwa and its newly merged tribal districts (Erstwhile FATA) and flood-prone districts of Baluchistan as well in terms of having strong roots in local communities, religious and political leaders and influential. The organization have strong coordination and working relations with the administration of newly merged districts, law enforcement agencies and national and international NGOs currently active here in KP and its newly merged districts. All legal documents related to "Permission" which includes MoUs with Government counterparts, Allowed to Work Status from the Ministry of SAFRON/Commissionerate Afghan Refugees (CAR), NoCs from the law enforcement agencies and permission related to "PDMA" are duly available with HEADS. The organization has worked exceedingly for the TDPs and is well-versed in all the requirements for assisting the TDPs right. The organization already presence and has established linkages with the communities and local authorities of KP, its merged tribal districts and targeted districts of Baluchistan province are an edge to be effective.

In terms of HEADS size of offices in its project locations, HEADS has its Head Office at Peshawar with departments headed by Chairperson, Programme Sections, HR staff, Finance and Compliance Manager, Admin, Log and MEAL Specialist. The Department Managers/Head are supervised by the Executive Director of HEADS. The Program Management Unit closely supervise the implementation of Projects running by HEADS. They provide adequate support to Project Management teams in the formulation of Program Tools, Formation of Detail Implementation Plans. On the other hand, the MEAL department formulate the monitoring and evaluation frameworks, formulate SMART Indicators and effective data collection mechanism for different activities of the Project. Similarly, HEADS has established project/field office in DI Khan and Charsadda for its ongoing project operations in DI Khan, Charsadda and Mardan.

The organization has in-depth knowledge and expertise in the same nature of interventions. Under the organization's core thematic pillar "social mobilization and local governance", HEADS has exceedingly contributed to support community-level development and carried out conflict prevention activities with a key focus on reducing marginalization and exclusion amongst the most marginalized and remote communities where resilience is lacking. Under this thematic pillar" Social mobilization and local governance" the core competencies of HEADS in which the organization made their interventions are "Youth Engagement and Social Cohesion. Likewise, responding to the organization's thematic pillars i.e. I. the Humanitarian Programmes and ii. Sustainable Development Interventions.

Projects Overview:

PROJECT 1

Title of projects	Budget in PKR	Donors	Geographic Area
Pakistan Flood Response” Disasters Emergency Committee (DEC) Phase-2”.	38,048,000/-	International Rescue Committee (IRC)	Dera Ismail Khan, Khyber Pakhtunkhwa
Outputs			
<p>■ Project results:</p> <p>This project is the continuation of DEC project phase I, will focus upon “Pakistan Flood Response (DEC Project Phase II)” in D.I. Khan district of Khyber Pakhtunkhwa. HEADS is contributing to the implementation of the following activities;</p> <ul style="list-style-type: none"> • Agriculture Inputs • Economic Wellbeing • Enterprise Development Grants • Cash for Work (CfW) • Livestock Vaccination and Deworming • Comprehensive primary health care services • Establishment of referral pathways • Establishing/Continuing women & Child Safe Spaces (WCSSs) • Establishing/Strengthening Multi-Sectoral Referral Pathways • Establishing Child Protection Units & CPU Sub-Desks • Case Management Cash Support for High-Risk Women & Children Cases • Formation and Capacity Development of Community Based Structures • Dignity kits for reducing risks to women and girls. • Awareness Raising Campaigns • Establishing/rehabilitating water sources • Sanitation campaigns and Community Led Total Sanitation • WASH infrastructure in the targeted health facilities and Schools • Hygiene Promotion. 			

PROJECT 2

Title of projects	Budget in PKR	Donors	Geographic Area
Pakistan Flood Response" Disasters Emergency Committee (DEC) Phase-1".	9,551,475/-	International Rescue Committee (IRC)	Dera Ismail Khan, Khyber Pakhtunkhwa

Outputs

■ Project Results:

- Established males and females committees played a crucial role in ensuring the effective planning, implementation and monitoring of relief efforts for the flood affected people in Dera Ismail Khan. The committees formed at the village level in four flood affected tehsils, with a total of 8 male and female committees (Male+4 and Female+4).
- Conducting of medical camps was proposed to reach vulnerable populations and provide health services at their doorstep. A total of 8 medical camps were proposed, while 6 medical camps were conducted till the end of December 2022 in the different tehsils of the district.
- 320 extremely vulnerable flood affected families, women headed households, and people with disabilities received Multi-Purpose Cash Assistance (MPCA). The already formed committees with support of focal persons identified these families and forwarded the lists to HEADS for verification and finalization. The primary criteria for the cash assistance was households affected by the flood (Loss of shelter, livelihoods, assets livestock, injuries or death in the family due to the flood) with additional vulnerability criteria being: Pregnant/Lactating Women, female headed households, households with chronic medical illnesses or persons with disabilities, elderly headed households, unaccompanied and separated children and minorities.
- Four numbers of Women and Child Friendly Spaces were established, providing recreational activities to its beneficiaries. Separate male and female committees were formed for these spaces and two facilitators and one community outreach worker hired for each space. Community groups for both male and female are also formed and trained by HEADS and linked them with governmental and non-governmental organizations. A referral system also established and displayed at each Women and Child Friendly Space.
- Under the WASH sector, HEADS worked on the rehabilitation of 10 water supply schemes. Activity of cleaning drainage lines and boreholes is completed with total 150 unskilled labors/daily workers are engaged with support of Water Supply and Sanitation Company (WSSC). Two number of machinery (Tractors) has also been involved for carrying waste material to the safe location. 320 dignity kits have been distributed among the female's adolescence beneficiaries in women and children safe spaces. A total of 6000 flood affected beneficiaries have been facilitated through health and hygiene sessions. 726 mosquito nets and 545 solar lamps have been distributed among flood affected population. 300 WASH NFI kits has also been distributed. 100 number of latrine kits also distributed among the flood

affected people in district D.I. Khan. 20 number of vector control spray in district D.I. Khan has been done under the project.

Pictorial of Project Activities in Dera Ismail Khan:



PROJECT 3

Title of projects	Budget in PKR	Donors	Geographic Area
Lifesaving Assistance to Flood Affected Communities in KP Pakistan DRA Flood Response	29,346,130/-	International Rescue Committee (IRC)	<ul style="list-style-type: none"> District Dera Ismail Khan, District Charsadda Khyber Pakhtunkhwa

Outputs

- Project results:**
 - Primary Health Care (PHC) and Community Outreach:** Primary Health Care (PHC) services were focusing on the delivery of Minimum Initial Service Package (MISP) for Sexual & Reproductive Health, to prevent excess maternal and neonatal morbidities and mortalities through provision of Basic Emergency Obstetric Care (BEmOC), family planning and services for communicable & non-communicable diseases, including water-borne diseases. PHC services were provided through; i. Mobile Medical Camps. ii. Integrated Community Case Management (ICCM).
 - Mobile Medical camps:** During the project, total 13,454 individuals were provided with basic primary health care services in 36 medical camps. These included 5392 females, 2591 males, 2843 girls and 2628 boys, among which 19 clients were found with disabilities. Alongside basic primary health care services, clients were also facilitated with diagnosis. Services included tests for malaria, Dengue, Blood Sugar/diabetes, urine tests etc. Helpdesks/information desks were established at each medical camp site to facilitate clients for their queries accordingly. Free



ambulance for referral of complicated cases to the nearest health facility were provided.

ii. **Integrated Community Case Management (ICCM) Outreach:** The project deployed trained health workers for the community-based treatment of children for malaria, diarrhoea and/or acute respiratory infections in accordance with ICCM (Integrated Community Case Management) guidelines and principles. Project also provided long-lasting insecticidal nets, diarrheal disease kits and acute respiratory kits along with the community awareness sessions.

Through ICCM, Community Health Workers assessed and classified signs and symptoms of malaria, diarrhoea and pneumonia in under 5 years' children and provided home-based treatment and referral of serious cases to health camps. For technical backstopping, HEADS deployed trained Community Health workers for ICCM guidelines and procedures. During the project, total of 4074 children under 5 years of age (1989 girls and 2085 boys) against the target of 4000 were identified and provided with the ICCM required support.

- **Multi-Purpose Cash Assistance (MPCA):** Project addressed the immediate needs of the most marginalized flood affected families by providing Multi-Purpose Cash Assistance to most vulnerable families in both the targeted districts. Village committee members were actively engaged throughout the process. All the 50 committees (25 males and 25 females) were oriented on the client's selection agreed criteria and with their support, flood affected most vulnerable families were identified for the assistance. Selected clients included those whose lives, shelter and livelihoods were badly affected by floods, women and child headed households, Households with pregnant and lactating women, elderlies, person with disabilities, ethnic and religious minorities were given the priority. 1836 flood affected HHs (8354 Individual) were provided MPCAs in the targeted districts.

Pictorial vie of Project Activities:



PROJECT 4

Title of projects	Budget in PKR	Donors	Geographic Area
Free Medical Camps in Flood Affected Area of District Charsadda and District Nowshera of Khyber Pakhtunkhwa	2,852,700/-	International Rescue Committee (IRC)	District Peshawar & Nowshera, Khyber Pakhtunkhwa
Outputs			
<p>■ Project Results:</p> <p>During the recent monsoon, heavy rains resulted severe floods in different areas of KPK. Swat, Charsadda and Nowshera are the worse affected areas. Due to the passed away disaster, hundreds of houses were partially damaged or completely destroyed by these unprecedented floods. In Charsadda and Nowshera the people had to live in worst conditions. Their assets in houses, livelihood, livestock, and ready crops were destroyed, and were deprived to get proper livelihood in the recent unfavorable circumstances.</p> <p>HEADS responded promptly and established Medical Camps in the worse affected areas of district Charsadda, and district Nowshera. 26 Medical Camps (13 Females and 13 Male) were established, where 3436 patients (Female: 1411, Male: 1004, Boys: 493, Girls: 528) were provided medical consultations with the provision of required medicines. dignitary kits (For women) and drinking water were also provided to the flood's victims</p>			

Pictorial of Project Activities in District Charsadda & Nowshera, Khyber Pakhtunkhwa:



PROJECT 5

Title of projects	Budget in PKR	Donors	Geographic Area
Provision of Humanitarian Services for Project "Establishment of GYNE Section/GeneralOPD	6,164,000 /-	Cherat Cement Company Limited (CCCL)	District Nowshera, Khyber Pakhtunkhwa
Outputs			
■ Project Results:			
<p>Under this project the health trained staff are implementing such activities in the health unit established by HEADS technical unit funded by Cherat Cement Company Private Ltd are as following:</p> <ul style="list-style-type: none"> • Separate MNCH desk has been established inside the dispensary, which is operating by trained LHVs in support of Gynaecologist. HEADS is providing a platform in provision of Reproductive Health Services through trained LHVs, and identifications of high-risk pregnancies and provision of referral of complicated cases and deliveries to nearby secondary/tertiary level hospital. Case management and provision of child-hood diseases in the area of intervention are addressing. Health educations to pregnant and lactating women is also providing through MNCH desks. Despite the above, new born children will also be assess at the desk for malnutrition and breast feeding, if Medical Officer referred to the desks. • Medical staff including preparation of plan for timely referral to nearby secondary/tertiary level hospital for safe delivery. The complicated cases regarding MNCH, are referred mostly and also referring to nearby Secondary/Tertiary level hospital on emergency basis, through ambulance will be provided by CCCL. • Provision of essential lifesaving medicine and supplements for pregnant and lactating women (PLWs) in the targeted health facilities for the entire caseload by CCCL. Medical/surgical equipment, medicines, and necessary furniture has been provided by the concerned officials of CCCL to provide to respective dispensary. 			

PROJECT 6

Title of projects	Budget in PKR	Donors	Geographic Area
Construction of Mini/Micro Hydropower Plants Under Access to Clean Energy PROGRAM – (3476-PK) Pakhtunkhwa	40,534, 559/-	Joint Venture with Telcon Engineering PVT Ltd Funded by Pakhtunkhwa Energy Department (PEDO)	Charsadda, Mardan, Swabi, Malakand, Haripur and Bunir, Khyber Pakhtunkhwa

Outputs

■ Project Results:

The HEADS/TELCON ENGINEERING both will perform community-based activities for smooth construction and operation of MMHPPs that identify & provide opportunities to local community focusing on gender mainstreaming, women empowerment & well-being as per the policy/guidelines of Employer/ADB. The HEADS/TELECON ENGINEERING will ensure the training of community personnel before handing over the project.

Following are the main activities will be done in joint venture by both HEADS/TELECON ENGINEERING as mentioned:

- Operation and Maintenance (O&M) Manuals should be in English/Urdu language.
- Training of community's O&M staff and mobilizing community in taking responsibility of project after its completion
- All temporary works required to construct the project including administrative, civil and E&M works and facilities.
- Submission of health and safety manual and its implementation at site
- Identification and provision of opportunities to local community focusing on gender mainstreaming, women empowerment & well-being as per policy guidelines of Employer/ADB.
- Conducting an environmental assessment as per EPA requirement
- Getting all approvals required for implementation from the respective departments and offices
- Obtaining village consents with respect to the power station, the connected households and the availability of land and the terms of operation
- Establishing a village organization for the implementation and O&M.
- Readiness of villagers to contribute a portion of the revenues to a centralized fund which will be used in emergency case for larger repairs of the power stations
- Submission of monthly progress report by the 5th of each month.

Pictorial of Project Activities in Districts of Khyber Pakhtunkhwa:



PROJECT 7

Title of projects	Budget in PKR	Donors	Geographic Area
Disbursement of Cash in support to the refugee families in hosting areas of Khyber Pakhtunkhwa	29,346,130/-	International Rescue Committee (IRC)	District Peshawar, Khyber Pakhtunkhwa

Outputs

■ Project Results:

Assessment for the identification of project Beneficiaries:

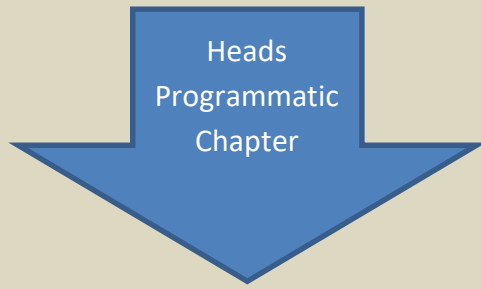
HEADS believes in community participation and involvement of local authorities in selecting the beneficiaries. A checklist for the selection of beneficiaries was developed and utilized to assess the vulnerability for support.

The voucher system enabled the beneficiaries to purchase the tools from the local shops in order to find out: either the cash disbursed have been utilized on the targeted activity according to the set indicator likewise utilizing cash on procuring tools for latrines usage. The customary methodology will make the beneficiaries enable to visit to the targeted distribution points in order to receive cash for the designed expenses.

Close liaison and strong coordination with the CAR/DAR in smooth implementation of the project activities in the chronological manner was ensured. Prior to the distribution, list of the beneficiaries was verified by the agreed Village Development Committees (VDCs) were formed during broad based community meetings (BBCMs). Furthermore, the Cash disbursement process was commenced in the presence of VDCs and the respective staff of the International Rescue Committee (IRC). HEADS project staff facilitated the focal person of IRC and VDCs, Vouchers detail list was also signed and verified by the HEADS staff and VDC's members.

Pictorial of Project Activities in Districts of Khyber Pakhtunkhwa





Our Team: HEADS has a team of dedicated professionals. They are truly the life-blood of the organization, keep it invigorated and growing. Driven by HEADS values and commitment to excel in the field of Health, WASH, Education and Livelihood, the team members served as the backbone of all the projects being implemented. Our team is gender balanced and it is ensured that no one is discriminated on the basis of caste, colour, religion or gender.

Cross cutting themes: Given the critical role of key sectors of HEADS and the particular role they play in the lives of girls and women, actions that promote gender sensitivity, equality by accommodating their special needs and promoting their empowerment are undertaken. Likewise, projects that promote gender are mainstreamed into HEADS programs. Partnerships with other stakeholders, especially with governments, civil society organizations, and advocacy groups are maintained. HEADS also focus on strengthening the capacities of partners and local government to understand and better prepare for future disasters, working with at-risk communities to develop their knowledge and awareness of hazards, vulnerabilities, risk and capacities and to develop plans to mitigate future risks.

As an NGO or Individual: HEADS is always open to collaborate with people and organizations. We gladly share our materials, publications, policies, etc. for the benefit of others.

As a Professional Social Worker: If you are looking for an opportunity to work with people in need of care and protection, then HEADS can be a place of your choice.

HEADS has acquired wonderful experience of working with various national and international donors. In partnership with them, it has developed and implemented several projects for the marginalized segments of society.

To find out more about on the nature of our engagements, please visit our website

www.heads.org.pk , or write us at info@heads.org.pk

